

Dynamically spontaneous symmetry breaking and masses of lightest nonet scalar mesons as composite Higgs bosons

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Abstract. Based on the (approximate) chiral symmetry of QCD Lagrangian and the bound state assumption of effective meson fields, a nonlinearly realized effective chiral Lagrangian for meson fields is obtained from integrating out the quark fields by using the new finite regularization method. As the new method preserves the symmetry principles of the original theory and meanwhile keeps the finite quadratic term given by a physically meaningful characteristic energy scale M_c , it then leads to a dynamically spontaneous symmetry breaking in the effective chiral field theory. The gap equations are obtained as the conditions of minimal effective potential in the effective theory. The instanton effects are included via the induced interactions discovered by 't Hooft and found to play an important role in obtaining the physical solutions for the gap equations. The lightest nonet scalar mesons (σ , f_0 , a_0 and κ) appearing as the chiral partners of the nonet pseudoscalar mesons are found to be composite Higgs bosons with masses below the chiral symmetry breaking scale $\Lambda_\chi \sim 1.2$ GeV. In particular, the mass of the singlet scalar (or the σ) is found to be $m_\sigma \simeq 677$ MeV.

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1 Introduction

The strong interaction between quarks is described by the SU(3) gauge theory, which is known as the chromodynamics (QCD). The asymptotic behavior of strong interaction at high energy has been successfully characterized by perturbative QCD. Though QCD was motivated from the studies of low energy dynamics of hadrons, the low energy dynamics of QCD remains unsolved due to the nonperturbative effects of strong interactions. In general, hadrons are considered to be the bound states formed by the quarks and gluons through the nonperturbative QCD effects. For lightest pseudoscalar mesons, the success of current algebra [1] with PCAC [2] is mainly because it reflects the (approximate) chiral invariance of the QCD lagrangian. While the (approximate) chiral symmetry $U(3)_L \times U(3)_R$ is found to be strongly broken down due to nonperturbative QCD effects. Many efforts have been paid to the issues such as: how the chiral symmetry is dynamically broken down [3], how the instanton plays the role as it represents a quantum topological solution of nonperturbative QCD [4], whether the effective meson theory should be realized as a linear σ model [5] or a non-linear σ model, whether the lowest lying $U(3)_V$ nonet scalar mesons corresponds to the chiral partners of the lowest lying nonet pseudoscalar mesons, whether the isospinor scalar mesons $K_0^*(1430)$ [6] are the lowest lying isospinor scalar mesons or there should exist other lighter

isospinor scalar mesons κ_0 [7] that constitute the lowest lying nonet scalar mesons together with the isovector scalar mesons $a_0(980)$, the isoscalar scalar meson $f_0(980)$ and the singlet scalar meson $f_0(400 - 1200)$ (or the σ) [8].

Theoretically, some phenomenological models have been constructed to investigate the scalar sector. In this paper, we shall adopt the new finite regularization method proposed recently in [10] to derive an effective chiral Lagrangian for scalar and pseudoscalar mesons based on the (approximate) chiral symmetry of QCD Lagrangian and the bound state assumption of effective meson fields with including the instanton induced interactions discovered by 'tHooft [4,11]. For the purpose of the present paper, we then pay attention to study the chiral symmetry breaking mechanism and to predict the masses and mixing for the lightest scalar mesons. The advantages of the new finite regularization method are that it allows us to obtain the effective chiral Lagrangian which preserves gauge and Lorentz as well as translational invariance and meanwhile keeps the physically meaningful finite quadratic term. As a consequence, it leads the resulting effective chiral field theory to have a dynamically spontaneous symmetry breaking mechanism. Specifically, the gap equations are obtained as the conditions of minimal effective potential after spontaneous symmetry breaking. The important point in the new finite regularization method is that there appear two intrinsic mass scales, i.e., the characteristic energy scale (CES) M_c and the sliding energy scale (SES)

μ_s . Here the CES M_c is the basic energy scale below which the effective field theory becomes meaningful as the low energy dynamics of nonperturbative QCD. The SES μ_s reflects the energy scale on which the interesting physics processes are concerned. Because of these interesting features in the new finite regularization method, it manifestly distinguishes from either the dimensional regularization which cannot lead to the right gap equations though it preserves gauge and Lorentz invariance, or the naive cutoff regularization which destroys the gauge invariance though it could lead to the required gap equations. It will explicitly be shown that the resulting effective chiral Lagrangian is a nonlinearly realized chiral model, and the (approximate) chiral symmetry $U(3)_L \times U(3)_R$ of QCD Lagrangian is broken down through a dynamically spontaneous symmetry breaking mechanism. Here the lightest $U(3)_V$ nonet scalar mesons appearing as the chiral partners of the nonet pseudoscalar mesons are the composite Higgs bosons. Of particular, the instanton effect is found to play an important role in the dynamically spontaneous breaking of chiral symmetry $U(3)_L \times U(3)_R$. As expected, it not only provides a natural explanation why the singlet pseudoscalar meson η' is much heavier than the octet pseudoscalar mesons, but also leads to a reasonable prediction for the mass spectrum of nonet scalar mesons. Actually, it is the instanton effect that makes the singlet scalar meson (the σ) to be much lighter than the octet scalar mesons, which is in contrast to the nonet pseudoscalar meson sector. In addition, it also results in consistent predictions for the light quark masses and the mixing angles between the singlet and octet neutral scalar and pseudoscalar mesons.

2 Effective chiral Lagrangian and dynamically spontaneous symmetry breaking

Let us begin with the QCD Lagrangian with only light quarks

$$\mathcal{L}_{QCD} = \bar{q}\gamma^\mu(i\partial_\mu + g_s G_\mu^a T^a)q - \bar{q}Mq - \frac{1}{2}\text{tr}G_{\mu\nu}G^{\mu\nu} \quad (1)$$

where $q = (u, d, s)$ denote three light quarks and the summation over color degrees of freedom is understood. G_μ^a are the gluon fields with SU(3) gauge symmetry and g_s is the running coupling constant. M is the light quark mass matrix $M = \text{diag.}(m_1, m_2, m_3) \equiv \text{diag.}(m_u, m_d, m_s)$. In the limit $m_i \rightarrow 0$ ($i=1,2,3$), the Lagrangian has global $U(3)_L \times U(3)_R$ symmetry. It is known that the chiral $U(1)_L \times U(1)_R$ symmetry is broken down to $U(1)_V$ symmetry due to the quantum $U(1)_A$ anomaly of QCD, namely the so-called instanton effect. The instanton-induced interactions were found to have the following form [4,11]

$$\mathcal{L}^{inst} = \kappa_{inst} e^{i\theta_{inst}} \det(-\bar{q}_R q_L) + h.c. \quad (2)$$

where κ_{inst} is a constant and contains the factor $e^{-8\pi^2/g^2}$. Obviously, this instanton term breaks the chiral symmetry $U(1)_A$.

The basic assumption in our present consideration is that at the chiral symmetry breaking scale (~ 1 GeV) the effective Lagrangian contains not only the quark fields but also the effective meson fields describing bound states of strong interactions of gluons and quarks. After integrating over the gluon field at high energy scales, the effective Lagrangian at low energy scale is expected to have the following general form when keeping only the lowest order nontrivial terms

$$\begin{aligned} \mathcal{L}_{eff}(q, \bar{q}, \Phi) &= \bar{q}\gamma^\mu i\partial_\mu q + \bar{q}_L \gamma_\mu \mathcal{A}_L^\mu q_L + \bar{q}_R \gamma_\mu \mathcal{A}_R^\mu q_R \\ &- [\bar{q}_L(\Phi - M)q_R + h.c.] + \mu_m^2 \text{tr}(\Phi M^\dagger + M\Phi^\dagger) \\ &- \mu_f^2 \text{tr}\Phi\Phi^\dagger + \mu_{inst}(\det\Phi + h.c.) \end{aligned} \quad (3)$$

where Φ_{ij} are the effective meson fields which basically correspond to the composite operators $\bar{q}_{Rj}q_{Li}$. \mathcal{A}_L and \mathcal{A}_R are introduced as the external source fields. The instanton induced interaction $\kappa_{inst} e^{i\theta_{inst}} \det(-\bar{q}_R q_L)$ has been mimicked by the term $\mu_{inst} e^{i\theta_{inst}} \det\Phi$ [11]. It is noticed that without considering the instanton-induced interaction term (or taking $\kappa_{inst} = 0$), the integral over the effective meson fields $\Phi(x)$ leads to the four fermion interaction term and the resulting effective Lagrangian is then related to the Nambu-Jona-Lasinio model [3]. Therefore without the instanton induced interactions, the above Lagrangian can be regarded as the bosonized Nambu-Jona-Lasinio model with the quark mass being given by

$$\left(\frac{\mu_m^2}{\mu_f^2} - 1\right) M \quad (4)$$

it is clear that when taking $\mu_m^2 = 2\mu_f^2$, we then arrive at, after integrating over the effective meson field Φ_{ij} , the well-known four quark interacting Nambu-Jona-Lasinio model with the well defined QCD current quark masses M . In this sense, the effective meson fields Φ_{ij} may be regarded as the auxiliary fields. Namely there is no kinetic term for the effective meson fields in our present considerations. Also the high order terms for the effective meson fields with dimension being equal and larger than four are not included assuming they are small and can be generated in loop diagrams. This indicates that only the lowest order nontrivial fermionic interaction terms are considered after integrating over the gluon field. For our purpose in the present paper, the vector and axial vector mesons are also not considered, only the scalar and pseudoscalar mesons are concerned. As the pseudoscalar mesons are known to be the would-be Goldstone bosons, the effective chiral field theory is naturally to be realized as a nonlinear model. Thus we may express the 18 effective meson fields of the 3×3 complex matrix $\Phi(x)$ into the following form

$$\begin{aligned} \Phi(x) &= \xi_L(x)\phi(x)\xi_R^\dagger(x), \\ U &= \xi_L(x)\xi_R^\dagger(x) = \xi_L^2(x)e^{i\frac{2\Pi(x)}{f}} \\ \phi^\dagger(x) &= \phi(x) = \sum_{a=0}^{a=9} \phi^a(x)T^a, \end{aligned}$$

$$\Pi^\dagger(x) = \Pi(x) = \sum_{a=0}^{a=9} \Pi^a(x) T^a \quad (5)$$

where T^a ($a = 0, 1, \dots, 8$) with $[T^a, T^b] = if^{abc}T^c$ and $2trT^aT^b = \delta_{ab}$ are the nine generators of $U(3)$ group. The fields $\Pi^a(x)$ represent the pseudoscalar mesons and $\phi^a(x)$ the corresponding scalar mesons. f is a constant with mass dimension.

The effective chiral Lagrangian for mesons is then obtained from integrating over the quark fields. The procedure for deriving the effective chiral Lagrangian of mesons can be formally expressed in terms of the generating functionals via the following relations

$$\begin{aligned} & \frac{1}{Z} \int \mathcal{D}G_\mu \mathcal{D}q \mathcal{D}\bar{q} e^{i \int d^4x \mathcal{L}_{QCD}} \\ &= \frac{1}{Z} \int \mathcal{D}\Phi \mathcal{D}q \mathcal{D}\bar{q} e^{i \int d^4x \mathcal{L}_{eff}(q, \bar{q}, \Phi)} \\ &= \frac{1}{Z_{eff}} \int \mathcal{D}\Phi e^{i \int d^4x \mathcal{L}_{eff}(\Phi)} \end{aligned} \quad (6)$$

By applying the Schwinger's proper time technique [12] to the determinant of Dirac operator and using the new finite regularization method proposed in [10] for momentum integrals, we arrive at the following effective Lagrangian (a detailed derivation is presented in the appendix)

$$\begin{aligned} \mathcal{L}_{eff}(\Phi) &= \frac{1}{2} \frac{N_c}{16\pi^2} tr T_0 [D_\mu \hat{\Phi} D^\mu \hat{\Phi}^\dagger \\ &+ D_\mu \hat{\Phi}^\dagger D^\mu \hat{\Phi} - (\hat{\Phi} \hat{\Phi}^\dagger - \bar{M}^2)^2 - (\hat{\Phi}^\dagger \hat{\Phi} - \bar{M}^2)^2] \\ &+ \frac{N_c}{16\pi^2} M_c^2 tr T_2 [(\hat{\Phi} \hat{\Phi}^\dagger - \bar{M}^2) + (\hat{\Phi}^\dagger \hat{\Phi} - \bar{M}^2)] \\ &+ \mu_m^2 tr (\Phi M^\dagger + M \Phi^\dagger) \\ &- \mu_f^2 tr \Phi \Phi^\dagger + \mu_{inst} (\det \Phi + h.c.) \end{aligned} \quad (7)$$

with $\hat{\Phi} = \Phi - M$, and $\bar{M} = V - M = diag.(\bar{m}_1, \bar{m}_2, \bar{m}_3)$. Here $\bar{m}_i = v_i - m_i$ is regarded as the dynamical quark masses, v_i is supposed to be the vacuum expectation values (VEVs) of the scalar fields, i.e., $\langle \phi \rangle = V = diag.(v_1, v_2, v_3)$ and to be determined from the conditions of minimal effective potential in the effective chiral Lagrangian $\mathcal{L}_{eff}(\Phi)$. Here we have only kept the lowest terms needed for our purpose in the present paper. Where the two diagonal matrices $T_0 = diag.(T_0^{(1)}, T_0^{(2)}, T_0^{(3)})$ and $T_2 = diag.(T_2^{(1)}, T_2^{(2)}, T_2^{(3)})$ arise from the integral over the loop momentum by using the new finite regularization method. They are given by the following form

$$T_0^{(i)} \left(\frac{\mu_i^2}{M_c^2} \right) = \ln \frac{M_c^2}{\mu_i^2} - \gamma_w + y_0 \left(\frac{\mu_i^2}{M_c^2} \right) \quad (8)$$

$$T_2^{(i)} \left(\frac{\mu_i^2}{M_c^2} \right) = 1 - \frac{\mu_i^2}{M_c^2} \left[\ln \frac{M_c^2}{\mu_i^2} - \gamma_w + 1 + y_2 \left(\frac{\mu_i^2}{M_c^2} \right) \right] \quad (9)$$

with

$$y_0(x) = \int_0^x d\sigma \frac{1 - e^{-\sigma}}{\sigma} \quad (10)$$

$$y_1(x) = \frac{1}{x} (e^{-x} - 1 + x) \quad (11)$$

$$y_2(x) = y_0(x) - y_1(x) \quad (12)$$

Note that M_c is the characteristic energy scale from which the nonperturbative QCD effects start to play an important role and the effective chiral field theory is considered to be valid below the scale M_c . We have also used the definitions

$$\mu_i^2 = \mu_s^2 + \bar{m}_i^2, \quad \bar{m}_i = v_i - m_i \quad (13)$$

with μ_s^2 the sliding energy scale arising from the new finite regularization, it is usually taken to be at the energy scale at which the physical processes take place. As it is easy to see that the equal mass case $m_u = m_d = m_s$ must lead to the equal VEVs $v_1 = v_2 = v_3$, one may then write the VEVs in terms of the following general form

$$v_i = v_o + \beta m_i, \quad i = 1, 2, 3 \quad \text{or} \quad i = u, d, s \quad (14)$$

Let us now focus on the effective potential which may be reexpressed as the following general form

$$\begin{aligned} V_{eff}(\Phi) &= -tr \hat{\mu}_m^2 (\Phi M^\dagger + M \Phi^\dagger) + \frac{1}{2} tr \hat{\mu}_f^2 (\Phi \Phi^\dagger + \Phi^\dagger \Phi) \\ &+ \frac{1}{2} tr \lambda [(\hat{\Phi} \hat{\Phi}^\dagger)^2 + (\hat{\Phi}^\dagger \hat{\Phi})^2] - \mu_{inst} (\det \Phi + h.c.) \end{aligned} \quad (15)$$

with $\hat{\mu}_f^2$, $\hat{\mu}_m^2$ and λ the three diagonal matrices

$$\hat{\mu}_f^2 = \mu_f^2 - \frac{N_c}{8\pi^2} (M_c^2 T_2 + \bar{M}^2 T_0) \quad (16)$$

$$\hat{\mu}_m^2 = \mu_m^2 - \frac{N_c}{8\pi^2} (M_c^2 T_2 + \bar{M}^2 T_0) \quad (17)$$

$$\lambda = \frac{N_c}{16\pi^2} T_0 \quad (18)$$

Taking the nonlinear realization $\Phi(x) = \xi_L(x) \phi(x) \xi_R^\dagger(x)$ with supposing that the minimal of the above effective potential occurs at the point $\langle \phi \rangle = V = diag.(v_1, v_2, v_3)$, and writing the scalar fields as

$$\phi(x) = V + \varphi(x) \quad (19)$$

we then obtain three minimal conditions

$$\begin{aligned} - \left(\hat{\mu}_f^2 \right)_i v_i + \left(\hat{\mu}_m^2 \right)_i m_i - 2\lambda_i \bar{m}_i^3 + \mu_{inst} \bar{v}^3 / v_i &= 0, \\ i &= 1, 2, 3 \end{aligned} \quad (20)$$

with $\bar{v}^3 = v_1 v_2 v_3$. For convenience of discussions, it is useful to decompose the diagonal matrices μ^2 , $\hat{\mu}_f^2$, $\hat{\mu}_m^2$ and λ into two parts that are independent of and dependent on the current quark masses m_i ($i = u, d, s$). Practically, it can be done by making an expansion in terms of the current quark masses

$$\begin{aligned} \mu_i^2 &= \mu_o^2 + 2(\beta - 1)v_o \bar{m}_i, & \mu_o^2 &= \mu_s^2 + v_o^2, \\ \bar{m}_i &= m_i [1 + (\beta - 1)m_i / (2v_o)] \end{aligned} \quad (21)$$

$$(\hat{\mu}_f^2)_i = \bar{\mu}_f^2 + 2\mu_{fo}\tilde{m}_i \left[1 + \sum_{k=1} \alpha_k \left(\frac{\tilde{m}_i}{\mu_o} \right)^k (\beta - 1)^k \right] \quad (22)$$

$$(\hat{\mu}_m^2)_i = \bar{\mu}_m^2 + 2\mu_{fo}\tilde{m}_i \left[1 + \sum_{k=1} \alpha_k \left(\frac{\tilde{m}_i}{\mu_o} \right)^k (\beta - 1)^k \right] \quad (23)$$

$$\lambda_i = \bar{\lambda} - \lambda_o \sum_{k=1} \beta_k \left(\frac{\tilde{m}_i}{\mu_o} \right)^k (\beta - 1)^k, \quad \lambda_o = \frac{N_c}{16\pi^2} \quad (24)$$

The unknown seven parameters are $\bar{\mu}_f^2$, $\bar{\mu}_m^2$, μ_{inst} , v_o , β , μ_s and $\bar{\lambda}$ in addition to the three current quark masses. Three of them are determined by the three minimal conditions. μ_{inst} is in principle calculable and will actually be fixed by the η' mass. v_o is related to the pion decay constant f . $\bar{\lambda}$ is given by the characteristic energy scale M_c at which the effective chiral field theory become meaningful, namely M_c is at the same order as the chiral symmetry breaking scale $M_c \sim 4\pi f$. The sliding energy scale μ_s runs to the scale at the order of dynamically spontaneous symmetry breaking scale v_o .

Solving the three equations of the minimal conditions with keeping only the nonzero leading terms in the expansion of current quark masses, we then obtain the following three constraints from the minimal conditions

$$v_o(1 - \epsilon_o)(\beta - 1)^2/\beta^2 \simeq v_{inst}/3 \quad (25)$$

$$2\bar{\lambda}(v_{inst}v_3 - v_o^2) \simeq \bar{\mu}_f^2 \quad (26)$$

$$2\beta\bar{\lambda}v_o^2 + 6(\beta - 1)\bar{\lambda}v_o^2 + 2\lambda_o(\beta - 1)v_o^2(1 - \frac{2v_o^2}{\mu_o^2}) \simeq \bar{\mu}_m^2 - 2\beta\bar{\mu}_f^2 \quad (27)$$

where we have neglected the small quark masses m_u and m_d and introduced the definitions

$$\epsilon_o = \frac{\lambda_o}{\bar{\lambda}} \left[\left(\frac{2v_o^2}{\mu_o^2} - 1 \right) \left(1 - \frac{1}{3} \frac{v_o^2}{\mu_o^2} \right) + r - \frac{1}{3} \frac{2v_o}{\mu_o} \alpha_1(1 - r) + (\beta - 1) \left(\frac{2v_o^2}{\mu_o^2} - \frac{1}{3} \frac{\bar{\lambda}}{\lambda_o} \right) \frac{m_s}{v_o} \right] \quad (28)$$

$$\mu_{fo} \equiv 2\lambda_o v_o(\beta - 1)(1 - r) \quad (29)$$

$$\mu_{inst} \equiv 2\bar{\lambda}v_{inst} \quad (30)$$

Here r and α_1 are given by

$$r = \frac{\mu_s^2}{\mu_o^2} - \frac{\mu_o^2}{M_c^2} \left[1 + \frac{\mu_s^2}{\mu_o^2} + O\left(\frac{\mu_o^2}{M_c^2}\right) \right] \quad (31)$$

$$\alpha_1(1 - r) = \frac{2v_o}{\mu_o} \left[\frac{\mu_s^2}{2\mu_o^2} + O\left(\frac{\mu_o^2}{M_c^2}\right) \right] \quad (32)$$

Note that in obtaining (25) one needs to keep terms to the order of m_i^2 . The parameters $\bar{\mu}_m^2$ and $\bar{\mu}_f^2$ are related to the initial parameters in the effective potential and the characteristic energy scale via the following relations

$$\bar{\mu}_f^2 = \mu_f^2 - \frac{N_c}{8\pi^2} \left(M_c^2 T_2 \left(\frac{\mu_o^2}{M_c^2} \right) + v_o^2 T_0 \left(\frac{\mu_o^2}{M_c^2} \right) \right) \quad (33)$$

$$\bar{\mu}_m^2 = \mu_m^2 - \frac{N_c}{8\pi^2} \left(M_c^2 T_2 \left(\frac{\mu_o^2}{M_c^2} \right) + v_o^2 T_0 \left(\frac{\mu_o^2}{M_c^2} \right) \right) \quad (34)$$

$$\bar{\lambda} = \frac{N_c}{16\pi^2} T_0 \left(\frac{\mu_o^2}{M_c^2} \right), \quad (35)$$

$$T_0 \left(\frac{\mu_o^2}{M_c^2} \right) = \ln \frac{M_c^2}{\mu_o^2} - \gamma_w + y_0 \left(\frac{\mu_o^2}{M_c^2} \right)$$

From the normalization of the kinetic term for the pseudoscalar mesons, we have the relation

$$\bar{\lambda}v_o^2 = f^2/4 \quad (36)$$

Note that when ignoring the instanton effects, i.e., taking $v_{inst} = 0$, one sees that the minimal conditions lead to the usual gap equation

$$\frac{N_c}{8\pi^2\mu_f^2} \left[M_c^2 - \mu_o^2 \left(\ln \frac{M_c^2}{\mu_o^2} - \gamma_w + 1 + y_2 \left(\frac{\mu_o^2}{M_c^2} \right) \right) \right] = 1$$

However, the anomalous large mass of η' implies that the instanton effects are important. Therefore the conditions of minimal effective potential must be modified after including the instanton effects. They may be regarded as the generalized gap equations and their effects will be discussed in the next section. So far, we have explicitly shown the mechanism of dynamically spontaneous symmetry breaking.

3 Masses of light quarks and lightest nonet scalar mesons

To make numerical predictions for the masses of scalar and pseudoscalar mesons, one needs to solve the generalized gap equations. For that one must have the knowledge for the three initial parameters μ_f^2 , μ_m^2 and μ_{inst} appearing in the original effective Lagrangian. In addition, one should also know the intrinsic mass scales M_c and μ_s . In principle, they all should be calculable from QCD and depend on the QCD running scale μ the basic QCD scale Λ_{QCD} as well as the light quark masses m_u , m_d and m_s . Practically, one may choose the parameters v_o , β , M_c , μ_s and the light quark masses as input, this is because such a set of parameters are much directly related to the low energy phenomena.

As we have shown in the previous section that to have well defined QCD current quark masses without considering the instanton interaction term, it requires that

$$\left(\frac{\mu_m^2}{\mu_f^2} - 1 \right) M = M, \quad \text{i.e.} \quad \mu_m^2 = 2\mu_f^2 \quad (37)$$

which reduces one parameter.

Also when omitting the instanton interaction term, the auxiliary fields Φ_{ij} are found from the effective Lagrangian equation (3) to be given by the quark fields as follows

$$\Phi_{ij} = -\frac{1}{\mu_f^2} \bar{q}_{Rj} q_{Li} + \frac{\mu_m^2}{\mu_f^2} M_{ij} \quad (38)$$

Assuming the quark condensate is almost flavor independent, i.e., $\langle \bar{u}u \rangle \simeq \langle \bar{d}d \rangle \simeq \langle \bar{s}s \rangle$, we then obtain by combining the above condition $\mu_m^2 = 2\mu_f^2$ the second condition

$$\beta = \frac{\mu_m^2}{\mu_f^2} = 2 \quad (39)$$

so that the dynamical quark masses have the simple form

$$\bar{m}_i = v_i - m_i = v_o + (\beta - 1)m_i = v_o + m_i \quad (40)$$

which ($i = u, d, s$) may also be regarded as a kind of constituent quark masses after dynamically spontaneous symmetry breaking. Where v_o is caused by the quark condensate

$$v_o = -\frac{1}{2\mu_f^2} \langle \bar{q}q \rangle, \quad q = u, d, s \quad (41)$$

It is supposed that the inclusion of the instanton interaction term do not significantly change the above two conditions. Namely, we take $\beta \simeq \mu_m^2/\mu_f^2 \simeq 2$ as a good approximation to reduce two parameters. This is because the instanton term is found to be much smaller than the quadratic term $\mu_{inst}/\mu_f \simeq 0.06$ (see below).

To determine the remaining parameters, we consider the following constraints. Two constraints arise from the pseudoscalar sector. One is due to the normalization of the kinetic term (36)

$$T_0 v_o^2 = \frac{(4\pi f)^2}{4N_c} \equiv \bar{\Lambda}_f^2 \simeq (340\text{MeV})^2 \quad (42)$$

The other is from the mass matrix for the isoscalar and singlet pseudoscalar mesons η_8 and η_0 (see below), the trace of the mass matrix leads to

$$\begin{aligned} v_{inst} v_3 &= \frac{1}{6}(m_{\eta_8}^2 + m_{\eta_0}^2 - 2m_K^2) \\ &= \frac{1}{6}(m_\eta^2 + m_{\eta'}^2 - 2m_K^2) \simeq (348\text{MeV})^2 \end{aligned} \quad (43)$$

Where we have used $f \simeq 94$ MeV and the experimental data $m_K \simeq 496$ MeV, $m_\eta \simeq 548$ MeV and $m_{\eta'} \simeq 958$ MeV.

In the scalar sector, the well measured scalar meson $a_0(980)$ will provide a constraint to the VEV v_o with $v_o \sim \bar{\Lambda}_f = 340$ MeV. This indicates that no large loop corrections arise from the logarithmic term in our present considerations, namely

$$T_0(\mu_o^2/M_c^2) \simeq 1 \quad \text{i.e.} \quad \bar{\lambda} \simeq \lambda_o = N_c/(16\pi^2) \quad (44)$$

With the above constraints together with the three minimal conditions, the parameters are determined to be

$$\begin{aligned} v_o &\simeq \bar{\Lambda}_f \simeq 340\text{MeV} \\ \mu_m^2 &= 2\mu_f^2 \simeq (204\text{MeV})^2 \\ M_c &\simeq 922\text{MeV}, \quad \mu_s \simeq 333\text{MeV} \\ v_{inst} &\simeq 210\text{MeV}, \quad \text{or} \quad \mu_{inst} = 2\bar{\lambda}v_{inst} \simeq 8.0\text{MeV} \\ \langle \bar{q}q \rangle &= -(242\text{MeV})^3, \quad m_s \simeq 117\text{MeV} \end{aligned} \quad (45)$$

Here the resulting quark condensation is consistent with the one from QCD.

We are now in the position to make predictions on the masses and mixing for the scalar mesons, pseudoscalar mesons and/or light quark masses. To be manifest, let us first write down the scalar and pseudoscalar meson matrices

$$\sqrt{2}\varphi = \begin{pmatrix} \frac{a_0^0}{\sqrt{2}} + \frac{1}{\sqrt{6}}f_8 + \sqrt{\frac{1}{3}}f_s & a_0^+ & \kappa_0^+ \\ a_0^- & -\frac{a_0^0}{\sqrt{2}} + \frac{1}{\sqrt{6}}f_8 + \sqrt{\frac{1}{3}}f_s & \kappa_0^0 \\ \kappa_0^- & \bar{\kappa}_0^0 & -\frac{2}{\sqrt{6}}f_8 + \sqrt{\frac{1}{3}}f_s \end{pmatrix}, \quad (46)$$

and

$$\sqrt{2}\Pi = \begin{pmatrix} \frac{\pi^0}{\sqrt{2}} + \frac{1}{\sqrt{6}}\eta_8 + \sqrt{\frac{1}{3}}\eta_0 & \pi^+ & K^+ \\ \pi^- & -\frac{\pi^0}{\sqrt{2}} + \frac{1}{\sqrt{6}}\eta_8 + \sqrt{\frac{1}{3}}\eta_0 & K^0 \\ K^- & \bar{K}^0 & -\frac{2}{\sqrt{6}}\eta_8 + \sqrt{\frac{1}{3}}\eta_0 \end{pmatrix}, \quad (47)$$

Keeping to the leading order of current quark masses, we have

$$m_{\pi^\pm}^2 \simeq \frac{2\mu_P^3}{f^2}(m_u + m_d) \quad (48)$$

$$m_{K^\pm}^2 \simeq \frac{2\mu_P^3}{f^2}(m_u + m_s) \quad (49)$$

$$m_{K^0}^2 \simeq \frac{2\mu_P^3}{f^2}(m_d + m_s) \quad (50)$$

$$\begin{aligned} m_{\eta_8}^2 &\simeq \frac{2\mu_P^3}{f^2} \left[\frac{1}{3}(m_u + m_d) + \frac{4}{3}m_s \right] \\ &= \frac{1}{3}(4m_K^2 - m_\pi^2) \end{aligned} \quad (51)$$

$$\begin{aligned} m_{\eta_8\eta_0}^2 &\simeq -\frac{2\mu_P^3}{f^2} \frac{\sqrt{2}}{3} [2m_s - (m_u + m_d)] \\ &= -\frac{2\sqrt{2}}{3}(m_K^2 - m_\pi^2) \end{aligned} \quad (52)$$

$$\begin{aligned} m_{\eta_0}^2 &\simeq \frac{2\mu_P^3}{f^2} \frac{2}{3}(m_u + m_d + m_s) + \frac{12\bar{v}^3}{f^2} \mu_{inst} \\ &= \frac{1}{3}(2m_K^2 + m_\pi^2) + \frac{24\bar{v}^3}{f^2} \bar{\lambda}v_{inst} \end{aligned} \quad (53)$$

where μ_P^3 is given by

$$\mu_P^3 = (\bar{\mu}_m^2 + 2\bar{\lambda}v_o^2)v_o \simeq 12\bar{\lambda}v_o^3 \simeq 3v_o f^2 \quad (54)$$

By taking the numerical value for the relevant parameter $v_o \simeq 340$ MeV and using the experimental data for the pion meson mass $m_\pi \simeq 139$ MeV and the mass square difference between the neutral and charged kaons $m_{K^0}^2 - m_{K^\pm}^2 \simeq (63\text{MeV})^2$, we then arrive at the following predictions

$$\begin{aligned} m_u + m_d &\equiv 2\bar{m} \simeq 9.5 \text{ MeV}, \\ m_d - m_u &\simeq 1.95\text{MeV} \end{aligned} \quad (55)$$

$$\begin{aligned} m_u &\simeq 3.8\text{MeV}, \quad m_d \simeq 5.7\text{MeV}, \\ m_s/m_d &\simeq 20.5 \end{aligned} \quad (56)$$

for the up and down quark masses, and

$$m_{K^0} \simeq 500 \text{ MeV}, \quad m_{K^\pm} \simeq 496 \text{ MeV} \quad (57)$$

$$m_\eta \simeq 503 \text{ MeV}, \quad m_{\eta'} \simeq 986 \text{ MeV} \quad (58)$$

for the pseudoscalar meson masses, as well as

$$\tan 2\theta_P = 2\sqrt{2} \left[1 - \frac{9v_{inst}v_3}{m_K^2 - m_{\pi^2}} \right]^{-1}, \quad \theta_P \simeq -18^\circ \quad (59)$$

for the mixing angle θ_P between η and η' mesons, which is defined as

$$\begin{aligned} \eta_8 &= \cos \theta_P \eta + \sin \theta_P \eta' \\ \eta_0 &= \cos \theta_P \eta' - \sin \theta_P \eta \end{aligned} \quad (60)$$

The masses and mixing of scalar mesons are given by

$$m_{a_0^\pm}^2 \simeq m_{a_0^0}^2 \simeq 2(2\bar{m}_u + \bar{m}_d)\bar{m}_u + 2v_{inst}v_3 \quad (61)$$

$$m_{k_0^\pm}^2 \simeq 2(2\bar{m}_u + \bar{m}_s)\bar{m}_u + 2v_{inst}v_2 \quad (62)$$

$$m_{k_0^0}^2 \simeq 2(2\bar{m}_d + \bar{m}_s)\bar{m}_d + 2v_{inst}v_1 \quad (63)$$

$$m_{f_8}^2 \simeq \bar{m}_u^2 + \bar{m}_d^2 + 4\bar{m}_s^2 + \frac{2}{3}v_{inst}(2v_1 + 2v_2 - v_3) \quad (64)$$

$$m_{f_s}^2 \simeq 2(\bar{m}_u^2 + \bar{m}_d^2 + \bar{m}_s^2) - \frac{4}{3}v_{inst}(v_1 + v_2 + v_3) \quad (65)$$

$$\begin{aligned} m_{f_s f_8}^2 &\simeq \sqrt{2}(2\bar{m}_s^2 - \bar{m}_u^2 - \bar{m}_d^2) \\ &- \frac{\sqrt{2}}{3}v_{inst}(2v_3 - v_1 - v_2) \end{aligned} \quad (66)$$

$$\tan 2\theta_S = \frac{2m_{f_s f_8}^2}{m_{f_s}^2 - m_{f_8}^2} \quad (67)$$

Here the mixing angle θ_S is defined as

$$\begin{aligned} f_8 &= \cos \theta_S f_0 + \sin \theta_S \sigma \\ f_s &= \cos \theta_S \sigma - \sin \theta_S f_0 \end{aligned} \quad (68)$$

where we have ignored the mixing between a_0^0 and f_8 (f_0) as it is proportional to $v_1 - v_2 \sim m_u - m_d$. Inputting the values $\bar{m}_u \simeq \bar{m}_d = v_o + \bar{m} \simeq 345$ MeV, $\bar{m}_s = v_o + m_s \simeq 457$ MeV, $v_{inst}v_3 \simeq (348 \text{ MeV})^2$, $v_1 \simeq v_2 \simeq v_o + 2\bar{m} \simeq 350$ MeV, $v_{inst} \simeq 210$ MeV, we arrive at the following numerical predictions for the masses and mixing of the scalar mesons

$$m_{a_0} \simeq 978 \text{ MeV}, \quad m_{a_0}^{exp.} = 984.8 \pm 1.4 \text{ MeV} [6] \quad (69)$$

$$m_{\kappa_0} \simeq 970 \text{ MeV}, \quad m_{\kappa_0}^{exp.} = 797 \pm 19 \pm 43 \text{ MeV} [7][70]$$

$$m_{f_0} \simeq 1126 \text{ MeV}, \quad m_{f_0}^{exp.} = 980 \pm 10 \text{ MeV} [6] \quad (71)$$

$$m_\sigma \simeq 677 \text{ MeV}, \quad m_\sigma^{exp.} = (400 - 1200) \text{ MeV} [6] \quad (72)$$

$$\theta_S \simeq -18^\circ \quad (73)$$

The above predictions are at the leading order approximation in the expansion of current quark masses and also at the tree level in the effective chiral field theory. Now some important features become clear. In contrast to the singlet pseudoscalar meson η' which is much heavier than the η meson, the singlet scalar meson σ is much lighter

than f_0 . Also the isospinor scalar meson κ_0 is below 1 GeV and likely lighter than the isovector scalar meson a_0 . This feature has also been observed by many groups [13]. All such features are mainly due to the instanton effects, which can easily be seen from their mass formulae eqs.(61-66). Note that the isoscalar meson mass m_{f_0} is somehow larger than the experimental data by about 15% at the leading order, it is of interest to investigate the contributions from possible higher order terms.

4 Conclusions

Starting from the effective Lagrangian of chiral quarks with effective meson fields as bosonized auxiliary fields at the chiral symmetry breaking scale, which is assumed to be resulted from integrating out the gluon fields, a nonlinearly realized effective chiral Lagrangian for meson fields has been obtained from integrating over the quark fields by using the new finite regularization method. It has been shown that the resulting effective chiral Lagrangian can lead to a dynamically spontaneous symmetry breaking mechanism. This is because the new finite regularization method keeps the physically meaningful finite quadratic term and meanwhile preserves the symmetry principles of original theory. After the chiral symmetry $U(3)_L \times U(3)_R$ is spontaneously broken down, the effective chiral Lagrangian contains, in addition to the three current quark masses m_u , m_d and m_s , four basic parameters, v_o , β , M_c and μ_s . Whereas three of them (v_o , M_c and μ_s) are determined through the three minimal conditions in terms of the two parameters $\mu_m^2 = 2\mu_f^2$ and μ_{inst} which are in principle calculable from QCD and given in terms of the QCD parameters $g_s(\mu)$ (or μ) and Λ_{QCD} . The parameter β is also fixed by the ratio $\beta = \mu_m^2/\mu_f^2 = 2$ based on the fact that the quark condensates are almost flavor independent. It has been seen that the four parameters v_o , β , M_c and μ_s are reduced to two independent parameters and well determined from the low energy dynamics of mesons. Of interest, they lead to consistent predictions for the light quark masses and pseudoscalar meson masses as well as for the lowest nonet scalar meson masses and mixing at the leading order. In particular, the resulting quark condensate is consistent with the QCD prediction. In general, once the basic parameters at the leading terms are determined, all the higher order corrections from momentum and quark mass expansions can be systematically calculated based on the present considerations without involving any additional parameters. This is because all the couplings of higher order corrections in the momentum expansion only depend on the independent parameters v_o (or μ_s) and M_c . More general description on the effective chiral quantum field theory of mesons with including possible high order terms and also the vector and axial vector mesons is beyond our present purpose and will be considered elsewhere.

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Appendix: Derivation of the effective chiral Lagrangian by new finite regularization method

To obtain the effective chiral Lagrangian for mesons given in the text, we need to integrate over the quark fields (which is equivalent to calculate the Feynman diagrams of quark loops) from the following chiral Lagrangian

$$\begin{aligned} \mathcal{L}_{eff}^q &= \bar{q}\gamma^\mu i\partial_\mu q + \bar{q}_L\gamma_\mu \mathcal{A}_L^\mu q_L + \bar{q}_R\gamma_\mu \mathcal{A}_R^\mu q_R \\ &- [\bar{q}_L(x)(\Phi(x) - M)q_R(x) + h.c.] \end{aligned} \quad (74)$$

The above Lagrangian is invariant under transformations of the global chiral symmetry $U(3)_L \times U(3)_R$ in the limit $m_i \rightarrow 0$ ($i = u, d, s$),

$$\begin{aligned} q_L(x) &\equiv P_+ q(x) \rightarrow g_L q_L(x), \\ q_R(x) &\equiv P_- q(x) \rightarrow g_R q_R(x), \\ \Phi(x) &\rightarrow g_L \Phi(x) g_R^\dagger \end{aligned} \quad (75)$$

Using the method of path integral, the effective Lagrangian of mesons is evaluated via

$$\begin{aligned} &\int [d\Phi] \exp\{i \int d^4x \mathcal{L}^M\} \\ &= Z_0^{-1} \int [d\Phi][dq][d\bar{q}] \exp\{i \int d^4x \mathcal{L}_{eff}^q\}. \end{aligned} \quad (76)$$

The functional integral of right hand side is known as the determination of the Dirac operator

$$\int [dq][d\bar{q}] \exp\{i \int d^4x \mathcal{L}_{eff}^q\} = \det(i\mathcal{D}). \quad (77)$$

To obtain the effective action, it will be useful to go to Euclidean space via the rule $\gamma_0 \rightarrow i\gamma_4$, $G_0 \rightarrow iG_4$, $x_0 \rightarrow -ix_4$ and to define the Hermitian operator

$$\begin{aligned} S_E^M &= \int d^4x_E \mathcal{L}_E^M = \ln \det i\mathcal{D}_E \\ &= \frac{1}{2} [\ln \det i\mathcal{D}_E + \ln \det (i\mathcal{D}_E)^\dagger] \\ &+ \frac{1}{2} [\ln \det i\mathcal{D}_E - \ln \det (i\mathcal{D}_E)^\dagger] \equiv S_{ERe}^M + S_{EIm}^M \end{aligned} \quad (78)$$

with

$$\begin{aligned} S_{ERe}^M &= \int d^4x_E \mathcal{L}_{Re}^M = \frac{1}{2} \ln \det (i\mathcal{D}_E (i\mathcal{D}_E)^\dagger) - \ln Z_0 \\ &\equiv \frac{1}{2} \ln \det \Delta_E - \ln Z_0 \\ S_{EIm}^M &= \int d^4x_E \mathcal{L}_{Im}^M = \frac{1}{2} \ln \det (i\mathcal{D}_E / (i\mathcal{D}_E)^\dagger) \\ &\equiv \frac{1}{2} \ln \det \Theta_E \end{aligned} \quad (79)$$

where the imaginary part \mathcal{L}_{Im}^M appears as a phase which is related to the anomalous terms and will not be discussed

in the present paper. The operators in the Euclidean space are given by

$$\begin{aligned} i\mathcal{D}_E &= -i\gamma \cdot \partial - \gamma \cdot \mathcal{A}_L P_L - \gamma \cdot \mathcal{A}_R P_R + \hat{\Phi} P_R + \hat{\Phi}^\dagger P_L \\ (i\mathcal{D}_E)^\dagger &= i\gamma \cdot \partial + \gamma \cdot \mathcal{A}_R P_L + \gamma \cdot \mathcal{A}_L P_R \\ &+ \hat{\Phi}^\dagger P_R + \hat{\Phi} P_L \end{aligned} \quad (80)$$

with $\hat{\Phi} = \Phi - M$ and $P_\pm = (1 \pm \gamma_5)/2$. Δ_E is regarded as a matrix in coordinate space, internal symmetry space and spin space. Noticing the following identity

$$\ln \det O = Tr \ln O \quad (81)$$

with Tr being understood as the trace defined via

$$Tr O = tr \int d^4x \langle x|O|y \rangle |_{x=y} \quad (82)$$

Here tr is the trace for the internal symmetry space and $\langle x|O|y \rangle$ is the coordinate matrix element defined as

$$\begin{aligned} \langle x|O_{ij}|y \rangle &= O_{ij}(x) \delta^4(x-y), \\ \delta^4(x-y) &= \int_{-\infty}^{\infty} \frac{d^4k}{(2\pi)^4} e^{ik \cdot (x-y)} \end{aligned} \quad (83)$$

For the derivative operator, one has in the coordinate space

$$\langle x|\partial^\mu|y \rangle = \delta^4(x-y)(-ik^\mu + \partial_y^\mu) \quad (84)$$

With these definitions, the operator Δ_E in the Euclidean space is given by

$$\langle x|\Delta_E|y \rangle = \delta^4(x-y) \Delta_E^k \quad (85)$$

with

$$\Delta_E^k = k^2 + \Delta_E \equiv \Delta_0 + \tilde{\Delta}_E \quad (86)$$

$$\Delta_0 = k^2 + \bar{M}^2 \quad (87)$$

$$\begin{aligned} \tilde{\Delta}_E &= (\hat{\Phi} \hat{\Phi}^\dagger - \bar{M}^2) P_R + (\hat{\Phi}^\dagger \hat{\Phi} - \bar{M}^2) P_L \\ &- i\gamma \cdot D_E \Phi P_L - i\gamma \cdot D_E \Phi^\dagger P_R - \sigma_{\mu\nu} \mathcal{F}_{R\mu\nu} P_L \\ &- \sigma_{\mu\nu} \mathcal{F}_{L\mu\nu} P_R + (iD_{E\mu})(iD_E^\mu) + 2k \cdot (iD_E) \end{aligned} \quad (88)$$

with

$$iD_E \Phi = i\partial \Phi + \mathcal{A}_L \Phi - \Phi \mathcal{A}_R \quad (89)$$

$$iD_E = i\partial + \mathcal{A}_R P_L + \mathcal{A}_L P_R \quad (90)$$

Where \bar{M} is the supposed vacuum expectation values (VEVs) of $\hat{\Phi}$, i.e., $\langle \hat{\Phi} \rangle = \bar{M} \text{diag.}(\bar{m}_u, \bar{m}_d, \bar{m}_s)$. With this convention, it will be seen that the minimal conditions of the effective potential are completely determined by the lowest order terms up to the dimension four $(\hat{\Phi} \hat{\Phi}^\dagger - \bar{M}^2)^2$ in the effective chiral field theory of mesons. Regarding Δ_E as the interaction term and taking

$$Z_0 = (\det \Delta_0)^{1/2} \quad (91)$$

Thus the effective action in the Euclidean space can be written as

$$S_{ERe}^M = \frac{1}{2} \ln \det \Delta_E (\Delta_0)^{-1} = \frac{1}{2} Tr \ln \frac{\Delta_E}{\Delta_0} \quad (92)$$

Using Schwinger's proper time technique [12]

$$\ln \Delta - \int_{\tau_0}^{\infty} \frac{d\tau}{\tau} e^{-\tau \Delta} - \left(\ln \tau_0 + \gamma + \sum_{n=1}^{\infty} \frac{(-\tau_0 \Delta)^n}{n \cdot n!} \right) \quad (93)$$

the effective action is found in the coordinate space to be

$$\begin{aligned} S_{ERe}^M &= -\frac{1}{2} \int d^4 x_E \frac{d^4 k}{(2\pi)^4} tr \int_0^{\infty} \frac{d\tau}{\tau} \left(e^{-\tau \tilde{\Delta}_E^k} - e^{-\tau \Delta_0} \right) \\ &= -\frac{1}{2} \int d^4 x_E \frac{d^4 k}{(2\pi)^4} tr \int_0^{\infty} \frac{d\tau}{\tau} e^{-\tau \Delta_0} \\ &\quad \left(e^{-\tau \tilde{\Delta}_E^k - \frac{\tau^2}{2} [\bar{M}^2 \tilde{\Delta}_E^k]} - 1 \right) \end{aligned} \quad (94)$$

where we have used the identity $e^A e^B = e^{A+B+\frac{1}{2}[A, B]}$. Treating $\tilde{\Delta}_E$ as perturbative interaction and making an expansion, we have

$$\begin{aligned} S_{ERe}^M &= -\frac{1}{2} \int d^4 x_E \frac{d^4 k}{(2\pi)^4} tr \int_0^{\infty} \frac{d\tau}{\tau} e^{-\tau \Delta_0} \\ &\quad \sum_{n=1}^{\infty} \frac{(-1)^n}{n!} \tau^n [\tilde{\Delta}_E^k - \frac{\tau}{2} [\bar{M}^2 \tilde{\Delta}_E^k]]^n \end{aligned} \quad (95)$$

For the given order of expansion, the integral over τ can be performed by using the following integral

$$\int_0^{\infty} \frac{d\tau}{\tau} e^{-\tau \Delta_0} \tau^n = (n-1)! \Delta_0^{-n} \quad (96)$$

For the integral over momentum, which involves quadratically and logarithmic divergence. In order to maintain the gauge invariance and meanwhile keep the quadratic term, the new finite regularization method proposed recently in [10] should be adopted for the momentum integral.

$$\begin{aligned} I_2 &= \int \frac{d^4 k}{(2\pi)^4} (k^2 + \bar{M}^2)^{-1} \\ &\rightarrow I_2^R = \frac{1}{(4\pi)^2} T_2 \left(\frac{\mu^2}{M_c^2} \right) \end{aligned} \quad (97)$$

$$\begin{aligned} I_0 &= \int \frac{d^4 k}{(2\pi)^4} (k^2 + \bar{M}^2)^{-2} \\ &\rightarrow I_0^R = \frac{1}{(4\pi)^2} T_0 \left(\frac{\mu^2}{M_c^2} \right) \end{aligned} \quad (98)$$

with the consistent conditions [10]

$$I_{2\mu\nu}^R = \frac{1}{2} g_{\mu\nu} I_2^R, \quad I_{0\mu\nu}^R = \frac{1}{4} g_{\mu\nu} I_0^R \quad (99)$$

where L_2 and L_0 are given in text. The superscript 'R' means regularized one.

With these analyses, the effective chiral Lagrangian can be systematically obtained in the expansion of momentum and current quark masses by transforming back to the Minkowski spacetime. In the text, we only kept those terms needed for our purpose in the present paper.

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